Don't forget to eat your vegetables.

Eastbrook Academy Lunch Menu

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily

February 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ChooseMyPlate.gov	29 BBQ Riblet on Hoagie OR Turkey BLT Salad with Bread Stick Baked Potato Half	30 Walking Tacos with Lettuce, Cheese, Salsa OR Buffalo Chicken Salad with a Soft Pan Roll Spiced Pinto Beans	31 Ham & Cheese Flatbread OR Taco Salad w/Chips Garden Green Beans *** Fudgy Brownie***	1 ***National Wear Red Day*** Pizza Parlor Pizza OR Yogurt Pak (bagel, cream cheese, yogurt, string cheese) Mixed Green Salad with Italian Dressing
4 Oven Roasted Hot Dog OR Buffalo Chicken Salad with Roll Crinkle Cut Oven Fries	5 Pasta with Meat Sauce and a RipStick OR Chicken Caesar Salad Garden Green Beans **Frozen Fruit Cup**	6 Chicken Nugget Basket with Dipping Sauce OR Fish Nugget Basket with Tartar Sauce Tator Tots French Bread Slice	7 Soft Shell Beef Tacos Cheese & Salsa OR Turkey BLT Wrap Golden Corn	8 Pizza Dippers with Marinara Sauce OR Crispy Chicken Salad Side Caesar Salad
11 Sloppy Joe on a WG Bun with Pickles OR Deli Turkey & Cheese Sub Seasoned Ranch Wedges	12 Mini Corn Dogs & Macaroni and Cheese OR 7 Layer Salad Roasted Broccoli	13 BBQ Meatball Sub with Cheddar Cheese OR Crispy Chicken Salad Creamy Coleslaw	14 ***Valentine's Day Nuggets*** Heart Shaped Nuggets OR Be Mine Meatballs Mashed Potatoes & Gravy Soft Pan Roll **Sprinkle Sugar Cookie **	15 ***HOM Cilantro*** Chicken & Cheese Quesadilla OR Honey Mustard Ham Wrap Mexican Street Corn
18 No School Today!	19 Pancakes with Syrup Cup & Scrambled Eggs OR Chicken Caesar Salad with Croutons Breakfast Potato	20 ***National Muffin Day*** Roasted Turkey & Gravy Mashed Potatoes OR Chef Salad with a Roll ***Corn Bread Muffin***	21 ***HOM Bell Peppers*** Chicken Alfredo over Pasta with Garlic Toast OR Turkey BLT Wrap Side Caesar Salad ** Ice Cream Cup**	22 Classic Cheeseburger with Pickles OR Taco Salad w/Chips Calico Beans
25 ***Chili and Tortilla Day*** Homemade Chili with Tortilla Chips OR Hot Dog on a WG Bun Tasty Tator Tots	26 Crispy Chicken Sandwich Basket OR All American Burger Basket Kettle Chips and Pickle Slice	27 Chicken Bacon Ranch Melt OR Honey Mustard Ham Wrap Garden Salad Rice Krispie Treat	28 Beefy Nachos with Cheese Sauce OR Turkey Cranberry Wrap Refried Beans	FOOD 4 Thought

PRICES

Lower School	$3.50
Upper School	$3.50
Adult	$4.15
Milk	$0.40

HARVEST OF THE MONTH

EXTRA INFO

Milk choice of 1% White, Skim or Chocolate Skim is included with lunch.
Entree Salads are served with Dinner Roll
For questions contact Stephanie Love
slove@eastbrookacademy.org

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